



RESOLVE CHILDHOOD SEXUAL ABUSE

via

PAST LIFE REGRESSION THERAPY

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ARTICLE XI

SOUL CONTACTS

Before you incarnate, your soul is a part of a family of souls. It is here where you decide what your lessons and contracts are to be. When it comes to sexual abuse as a child, this too is contracted by both you and your soul mates. If the lessons to be experienced are not understood and resolved in your past lives, you will then carry over those experiences into your next lives, until resolved. Thus we need to go back and resolve the first situation of abuse, whether in this lifetime a past life. The lesson to be learned is the ability to love your self unconditionally. Remember that you select your parents, time and place in each incarnation. Then why would anyone contract to have them self sexually abused as a child?

SPIRITUAL PURPOSE /ABUSE

Many older souls have incarnated this life time in order to experience loving them self's unconditionally. If they incarnated into an extremely loving family, there would be no need for, nor awareness for the seeking of love. Thus they chose a family that cannot express love to their children or are sexually abusive thus lacking the experience and understanding of love. For the older soul, *the need to love them self's unconditionally* is the last lesson to be learned in their series of reincarnated lives.

FEELINGS OF ABUSE

When a child, an older soul, is abused, they lose their feminine or masculine self before they have matured enough to understand their sexuality. Thus feelings of not being good enough, unworthiness, not being wanted or loved, all create a victim way of life. These individuals find themselves going through life as either very promiscuous or frigid and fearful of life. As a victim, they feel all the negative forces of life that weigh them down due to

the feelings of not being accepted or worthy of being loved.

WHY A LIFE AS A VICTIM?

Before incarnation, you contract your next life or several lives's, to live as a victim. Here you experience ways of mastering and resolving those emotional traumas, as you begin loving yourself unconditionally.

MOLESTATION ABUSE

Some children experienced abuse as a negative reinforcement of love. These children may experience joy from the sensual touch, or feel the need to allow the sexual act in order to receive love and attention from the abuser. They have not yet realized that this is a sexual act, but may feel the sensuousness as a form of inappropriate love. In their adult life, they tend to seek attention and affection using past experienced ways of receiving love.

RAPE TRAUMA ABUSE

Children who had been raped usually find themselves in a state of stagnation sexually. As adults they become frigid and unable to have a normal sexual relationship due to experiencing fear, guilt and shame from their past experiences. Often the adult child rape victim experiences transfer to their new partner during sexual activity, as all those fears and pains consciously or unconsciously arise. For many, these traumas are kept in denial, totally unaware of those sexual acts until realized and emotionally resolved. Because of these experiences, many abused individuals decide not to have children of their own due to the fear of the possibility the same traumas happening to their own children.

SEEKING LOVE

As an adult they find themselves constantly searching for love in all the wrong places. Many finally surrender to the failure of securing a loving relationship and then decide to resolve the emotional perception of the trauma through therapeutic resolution. Hopefully they then continue

the search for love, not as sex, but rather the need to turn inward in order to begin loving themselves/soul, unconditionally.

RESOVING CHILD ABUSE

The physical act can not be undone, but you can change the perception of that act and resolve the emotional trauma. Traditional psychotherapy because it does not go into past lives, usually does not resolve the emotional pain, it merely covers the trauma with coping skills. To completely resolve your issues, you need to re-experience the childhood trauma through a process such as *present life age regression*. Due to your brain being binary, black and white, under regression your brain will remember the trauma and assume that you are back at the time of the molestation. Here you re-experience the trauma, allowing the adult self to face and resolve the abuse. It is here during the regression that you understand why this has happened and then search for signs of remorse and guilt in the abuser. Then the powerful *act of forgiving*, not condoning or forgetting, allows you to release the pain and anger from within yourself. The act of forgiving is not for the benefit of the abuser, but rather for the victim to release their emotional pain and shame. There is also the need to forgive yourself for carrying all that anger that took up the space needed for love. Many clients feel that have resolved their abuse by other means only to realize later in life that it has returned. The act of *"letting go"* and *"forgiving"* is the most powerful process of finality creating a greater sense of loving yourself. It is sad that many carry these traumatic fears thorough out their entire lifetime when it could be cleared in a few sessions. Obviously, there is a great need to forgive and love yourself, Remember, *"you can love another only at the level that you love yourself"*.