



EXPERIENCE YOUR CHILD WITHIN

Through Age Regression

by Terry Taylor MA, CHt.

ARTICLE VII

What is your Child Within?

There is an energy body within you that functions at a younger age. Part of your energy is needed for your adult self and the smaller amount of energy is not matured, called your “child within”. Thus, your consciousness resides within both levels of your energy body. The child is created around the age of 6 or 7 where everyone experiences some trauma that stunts a portion of their energy growth. This portion of the energy that is cut off from the main body, is then called the “child within”.

Typical Encounter

We contact your child through age regression using hypnosis and visualization. We bring together 3 very different energies: universal, mother earth and kundalini. When these energies are combined, it creates a force allowing you to enter into your pineal gland (3rd eye). It is through this 3rd eye that you find yourself on a sandy beach where your child walks along the water’s edge. Here you see, touch and talk to your child as you would to any other child. Once the two of you accept each other, the child allows themselves to enter into your heart space where you both become conscious of each other. After the session you will still see your child in your mind’s eye. It is then up to you to introduce your child to your way of living. This child is like a human child that you then raise and guide. It’s always easier to help someone else rather than helping yourself. But, in this case, helping your child is in reality helping your self.

Spiritual Purpose / Awakening

As you incarnate, a lens is created based on the trauma that you experienced as a child. This lens is designed to focus on that portion of the world needed for your life lessons. Lessons are decided by your soul before your incarnation. Your lessons then become *unconscious*, your inner destiny. You then live consciously with the innate feeling of your unconscious destiny as you begin using your free will to experience that destiny. The many trials and tribulations experienced throughout life are the learning lessons needed for you to consciously realize and begin living your innate destiny. Thus these traumas are created to help guide, as you live the lens you have created.

Once you experience enough knowledge and then apply that knowledge in the physical world, you then gain the wisdom of that knowledge. The wisdom allows you to begin living your soul’s purpose; your created lens is broken. This is the beginning of you awakening to your conscious spiritual path. Thus, to truly awaken, no matter how much education, spiritual experience or understanding that you may have, you will not awaken until that lens is experienced and removed.

Experiencing the Trauma

That major trauma directs your lens and focus creating blinders guiding you along your spiritual pathway. The child’s created lens is their perception of the world at large. It would be like a person wearing green contact lenses from birth,

seeing the world as green and yet not aware that they are wearing those green contacts. The adult then sees through those green contacts of the child’s eye. That’s how both the child and the adult perceive the world through out their life until awakening. Thus everyone’s life is colored by their childhood traumas.

Help the Child to Help You

Your child will share all the pains, misunderstandings and traumas kept in denial as you take care of all their fears and needs. Obviously as you love and correct your child’s traumas, you are then correcting yourself as the adult. The child’s problems are the blocks holding you back from awakening on your spiritual pathway.

Uniting With Your Child

Once realizing that you are seeing and living through the eyes of the child, you then have the opportunity to start seeing beyond your lens. As lessons are learned and experienced, the lens becomes weaker as you grow into higher spiritual maturity. It is as if a window has been broken and you are now set free to see and experience the world.

At the point where the lens is broken, both the child and the adult begin to grow together. This becomes a very rapid process, as the child matures and becomes one with the same age as the adult. Once united as one, the child becomes the moving force taking the united adult and child to greater levels of growth. Now you become conscious of who you are.